## Small changes, big differences.





## **Triple P Group Online Course**

Triple P Group has been developed for parents or caregivers interested in promoting their child's development and potential. It has been developed to help manage and develop strategies for parents and caregivers who have concerns about their child's behaviour or wanting to prevent behavioural problems.

The program know all parents have different needs and is designed to suit you and your family, enabling you to build a better relationship with your child.

Week 1: Thursday 6th February 12:30pm - 2:30pm - Introduction & session 1.

Week 2: Thursday 13<sup>th</sup> February 12:30pm-2:30pm - session 2.

Week 3: Thursday 27th February 12:30pm-2:30pm - session 3.

Week 4: Thursday 6th March 12:30pm-2:30pm - session 4.

Week 5: Thursday 13<sup>th</sup> March 12:30pm – Telephone calls. Only phone calls this week to discuss planned activities routine prepared in session 4.

Week 6: Thursday 20<sup>th</sup> March 12:30pm-2:30pm - Program Close plus a taster session power point for Positive Relationships, Stronger Families.

## **Bookings and Information**

For more information please contact one of our Family Hubs.

Brierfield Family Hub - 01282 470534

Nelson Family Hub- 01282 470877 Colne Family Hub - 01282 470830

Or email: cfwpendlerfs@lancashire.gov.uk



