



**Pendle Community High School and College 2024-2025**

Curriculum Map for **Physical Education:**

Lead: Nicola Dean/Mr Ali

		Autumn Term 2024	Spring Term 2025	Summer Term 2025
	<p align="center"><b>Year 7</b></p> <p align="center">Pupils will apply and develop a broader range of skills, learning how to develop them in different ways.</p>	<p>KS3 yr. 7</p> <p><u><b>Autumn 1</b></u></p> <p>Movement and Dance</p> <p><u><b>Autumn 2</b></u></p> <p>Health Related Exercise (L1-6)</p> <p>Football (L7-12)</p>	<p>KS3 yr. 7</p> <p><u><b>Spring 1</b></u></p> <p>Tag Rugby (L1-6)</p> <p>Basketball (L7-12)</p> <p><u><b>Spring 2</b></u></p> <p>(OAA) Orienteering (L1-6)</p> <p>Badminton (L7-12)</p>	<p>KS3 yr. 7</p> <p><u><b>Summer 1</b></u></p> <p>Cricket (L1-6)</p> <p>Rounders (L7-12)</p> <p><u><b>Summer 2</b></u></p> <p>Track and Field / Athletics</p>
	<p align="center"><b>Year 8 &amp; 9</b></p>	<p>KS 3 YR 8 &amp; 9</p> <p><u><b>Autumn 1</b></u></p> <p>Movement and Dance</p> <p>Health Related Exercise</p> <p><u><b>Autumn 2</b></u></p> <p>Football (L1-6)</p> <p>Basketball (L7-12)</p>	<p>KS 3 YR 8 &amp; 9</p> <p><u><b>Spring 1</b></u></p> <p>Tag Rugby (L1-6)</p> <p>Badminton (L7-12)</p> <p><u><b>Spring 2</b></u></p> <p>Year 8 - Climbing / Year 9 - Sailing</p> <p>Ullswater trip</p> <p>Orienteering</p>	<p>KS 3 YR 8 &amp; 9</p> <p><u><b>Summer 1</b></u></p> <p>Cricket (L1-6)</p> <p>Rounders (L7-12)</p> <p><u><b>Summer 2</b></u></p> <p>Track and Field /Athletics</p>

	<p><b>Wenning Mixed KS</b></p>	<p><b>Ball skills / Coordination/ Trikes</b></p> <p>To develop fine &amp; gross motor skills. activities.</p> <p>To enjoy freedom and independence.</p> <p><b>Movement / Dance</b>-Human Body-Shape</p> <p>To participate in wet/dry Physiotherapy activities.</p>	<p><b>Music and Movement - Team games-/Boccia/ Skittles/Curling.</b></p> <p>To increase sensory development. To develop fine &amp; gross motor skills.</p> <p><b>Movement / Dance</b>-Position &amp; Direction-Travel</p> <p>To participate in wet/dry Physiotherapy activities.</p> <p><b>(OAA) Calvert Trust</b></p>	<p><b>Athletics / Mat work- Games / Trikes</b></p> <p>To enjoy freedom and independence.</p> <p>To improve confidence and self-esteem.</p> <p><b>Movement/Dance</b>-Superheroes-Outdoor environment</p> <p>To participate in wet/dry Physiotherapy activities.</p>
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	<p><b>Year 10 Links with AQA Unit Awards</b></p>	<p><b>KS 4</b></p> <p><b>AQA Awards</b></p> <p><b><u>Autumn 1</u></b></p> <p><b>Health Related Fitness (L1-6)</b>  (Aerobic and Anaerobic activities)</p> <p><b>Fitness suite (L7-12)</b>  108570 INTRODUCTIONS TO EXERCISE WITH SUPPORT. Pre-Entry  99605 USING A FITNESS ROOM. Entry Level</p> <p><b><u>Autumn 2</u></b></p> <p><b>Football (L1-6)</b>  116482 AN INTRODUCTION TO FOOTBALL Level one</p> <p><b>Basketball (L7-12)</b>  115106 PARTICIPATING IN A BASKETBALL SKILLS LESSON. Pre Entry Level</p>	<p><b>KS 4</b></p> <p><b>AQA Awards</b></p> <p><b><u>Spring 1</u></b></p> <p><b>Tag Rugby (L1-6)</b></p> <p><b>Badminton (L7-12)</b>  72348 TEAM GAMES (UNIT 2) Entry Level 113251 INTRODUCTION TO TEAM GAMES Entry Level</p> <p><b>Ullswater Trip</b></p> <p><b><u>Spring 2</u></b></p> <p><b>Sailing</b>  72348 TEAM GAMES (UNIT 2) Entry Level 113251 INTRODUCTION TO TEAM GAMES Entry Level</p> <p><b>Orienteering</b></p>	<p><b>KS 4</b></p> <p><b>AQA Awards</b></p> <p><b><u>Summer 1</u></b></p> <p><b>Cricket (L1-6)</b>  116492 AN INTRODUCTION TO CRICKET, WITH SUPPORT Entry Level 72767 BASIC CRICKET SKILLS Entry Level 117296 CRICKET SKILLS (UNIT 1) Level one</p> <p><b>Rounders (L7-12)</b></p> <p><b><u>Summer 2</u></b></p> <p><b>Track &amp; Field / Athletics</b>  115937 ATHLETIC SKILLS WITH SUPPORT-Pre-Entry Level</p>
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	<p style="text-align: center;"><b>Year 11 AQA Unit Awards</b></p> <p><b>Sailing:</b> This is a 7 week course where pupils gain skills, participate in different activities and are assessed to achieve RYA Certificate. -Entry, Bronze, Silver &amp; Gold.</p>	<p><b>KS 4</b></p> <p><b>AQA Awards</b></p> <p><b><u>Autumn 1</u></b></p> <p><b>Health Related Fitness (L1-6)</b> (Aerobic and Anaerobic activities)</p> <p><b>Fitness suite (L7-12)</b></p> <p>108570 INTRODUCTIONS TO EXERCISE WITH SUPPORT. Pre-Entry</p> <p>99605 USING A FITNESS ROOM. Entry Level</p> <p><b><u>Autumn 2</u></b></p> <p><b>Football (L1-6)</b></p> <p>116482 AN INTRODUCTION TO FOOTBALL Level one</p> <p><b>Basketball (L7-12)</b></p> <p>115106 PARTICIPATING IN A BASKETBALL SKILLS LESSON. Pre Entry Level</p>	<p><b>KS 4</b></p> <p><b>AQA Awards</b></p> <p><b><u>Spring 1</u></b></p> <p><b>Tag Rugby (L1-6)</b></p> <p><b>Badminton (L7-12)</b></p> <p>72348 TEAM GAMES (UNIT 2) Entry Level</p> <p>113251 INTRODUCTION TO TEAM GAMES Entry Level</p> <p><b><u>Spring 2</u></b></p> <p><b>Sailing</b></p> <p><b>Orienteering</b></p>	<p><b>KS 4</b></p> <p><b>AQA Awards</b></p> <p><b><u>Summer 1</u></b></p> <p><b>Cricket (L1-6)</b></p> <p>116492 AN INTRODUCTION TO CRICKET, WITH SUPPORT Entry Level</p> <p>72767 BASIC CRICKET SKILLS Entry Level</p> <p>117296 CRICKET SKILLS (UNIT 1) Level one</p> <p><b>Rounders (L7-12)</b></p> <p><b><u>Summer 2</u></b></p> <p><b>Track &amp; Field / Athletics</b></p> <p>115937 ATHLETIC SKILLS WITH SUPPORT-Pre-Entry Level</p>
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	<p><b>Marsden/Calder</b> Pupils' will develop fundamental movement skills, become competent, confident and access a broad range of opportunities.</p>	<p><b>KS 3, 4 &amp; 5</b> <b>Ball skills</b> <b>Coordination/ Trikes</b></p>	<p><b>KS 3, 4 &amp; 5</b> <b>Music and movement</b> <b>Team games-Boccia / Skittles</b></p>	<p><b>KS 3, 4 &amp; 5</b> <b>Athletics/ Mat work</b> <b>Games/Trikes</b></p>
	<p><b>Post 16</b> <b>AQA Unit Awards</b> <b>Asdan</b></p>	<p><b>KS 5</b> <b>Working as a Group-Team games</b></p>	<p><b>KS 5</b> <b>Personal Development-Health &amp; Fitness</b> <b>Sailing-:</b> This is a 7 week course where students will gain skills, participate in different activities and be assessed to achieve RYA Certificate. -Entry, Bronze, Silver &amp; Gold.</p>	<p><b>KS 5</b> <b>Health- Athletics/Field</b></p>
	<p><b>Additional activities</b> <b>Hydrotherapy &amp; Rebound Therapy</b> Aqa Unit Awards Onwards &amp; Upwards system</p>	<p><b>KS 3, 4 &amp; 5</b> To increase sensory development. To improve confidence and self-esteem. To enjoy freedom and independence. To participate in wet/dry Physiotherapy activities.</p>	<p><b>KS 3, 4 &amp; 5</b> To increase sensory development. To improve confidence and self-esteem. To enjoy freedom and independence. To participate in wet/dry Physiotherapy activities.</p>	<p><b>KS 3,4 &amp; 5</b> To increase sensory development. To improve confidence and self-esteem. To enjoy freedom and independence. To participate in wet/dry Physiotherapy activities.</p>